

Face Masks Now Required

#MaskUpHoosiers

The **SAFETY** of our members, staff and community remains our top priority.

Dear Members,

Effective Tuesday, July 21st, Franciscan Health Fitness Centers will be requiring all members and guests to wear a face mask at all times while in the club, except while actively exercising. As a reminder, all staff are still required to wear face masks.

This decision comes following the [mandate made by local health departments on Monday, July 20th](#). We remain committed in keeping everyone safe, and abiding with local and state regulations surrounding our Governor's "Back on Track" phased re-opening plan. In support of the Governor's #MaskUpHoosiers initiative, and our local health departments, all Franciscan Health Fitness Centers locations will be **requiring face masks that cover your nose and mouth beginning Tuesday, July 21, 2020**.

We are reminded that we all have a part to play in keeping everyone safe. As Indiana continues to get "Back on Track" and open up, there has been a rise in COVID-19 cases. This means that we cannot ease up or relax on our safety measures of social distancing, hand-washing and wearing face masks. As always, we rely on members to do their part and stay home if they are feeling ill.

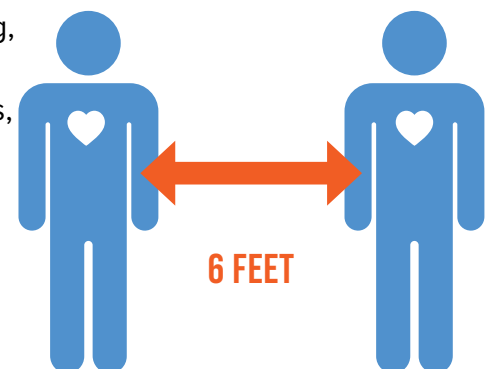
We know that being healthy and having a strong immune system is one of the best ways to keep your body strong and able to fight off illness and disease. We are the largest medically based Fitness Centers in the region, which allows plenty of room for social distancing while wearing your face mask.

Here's some additional information to help you prepare for your visit:

- Please remember to bring your mask starting July 21st.
- Masks are now required to enter the Fitness Center.
- Masks will be required inside all of our Fitness Centers, except when actively exercising and during brief periods of recovery (2 minutes or less), immediately after exercise or between machines during your circuit.
- Masks are required when preparing to exercise, when stretching, and during periods of extended rest of more than 2 minutes.
- Masks will be required when entering and exiting our pool areas, while waiting for your lane, and when walking the pool deck.
- Masks will not be required while in pools.

As always, we appreciate YOU and value your membership.

Yours in Health,
Carrie Fleming



COVID-19 CORONAVIRUS

Working together for the greater good.

 **Franciscan HEALTH**
FITNESS CENTERS
Chesterton • Schererville