

Saturday, June 22, 2019

Race Begins at 7:30am

5K Run/Non-Competitive Walk





Fast & Flat Course

- Perfect for beginners or those looking to set a personal record
- Awards & Raffle Prizes
- Apparel & Goody bags
- RFID Ultra Timing System

AGE DIVISIONS

- 0 8 | 19 24 | 45 49 | 70 74 9 - 10 | 25 - 29 | 50 - 54 | 75 - 79 11 - 12 | 30 - 34 | 55 - 59 | 80+
- 13 14 | 35 39 | 60 64 | 15 18 | 40 44 | 65 69



Where: Franciscan Health Fitness Centers Chesterton 810 Michael Dr. Chesterton, IN 46304

Learn more: FranciscanHealthFitnessCenters.org/firecracker5k

or contact our Race Director, Ashlee Johnson 219.983.9832 ext. 210 or ashlee.johnson@franciscanalliance.org

CRS GOLD CUP SERIES RACE REGISTRATION FORM - MUST COMPLETE THIS FORM AND WAIVER ON BACK

Name:		Phone #:			
Address:		Email:			
City:	State/Zip:	Gender (circle one): Female or Male Age on Race Day Athena (Women 170lbs+) Clydesdale (Men 210lbs+)			

Entry fees MUST be postmarked by Saturday, June 3, 2019 to get discounted rate.

After June 3, 2019, online or race day registration only. (Fees will increase to \$30 w/ apparel \$25 w/o apparel)

_	\$25 Pre-Registration w/	apparel	\$20 Pre-Registrati	ion w/o apparel -	- Shirt Size S	Л L XL	XXL
	\$2 Discount for Franciscan	Health Fitne	ess Centers member	rs or Cal Striders (r	max discount \$2/	per perso	on)
	Amount Enclosed \$	MUST CO	MPLETE WAIVER A	ND SUBMIT ON	OR BEFORE F	RACE DA	AY