

Franciscan Health Fitness Centers and the National Exercise Trainers Association (NETA), a non-profit fitness professional association, are co-sponsoring two nationally-recognized workshops in Schererville. **Group Exercise Certification** will be Saturday, February 9th from 8am-5pm and **Senior Fitness Specialty Certification** will be Sunday, February 10th from 8am-3pm.

The workshops will be at **Franciscan Health Fitness Centers Schererville**, 221 U.S. Hwy 41, Suite A, Schererville, IN. For more information or to register, log on to www.netafit.org or call 800-237-6242 to improve your professional adaptability and increase your career potential in the fitness industry.

Caption: NETA's new Senior Fitness Specialty certification will give you the tools to train and teach our growing older adult population. Kavita Chadnani and Rose Langston practice wrist stretches in Franciscan Health Fitness Centers' Medical Membership class.



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